


















10B

23/8/21 – 27/8/21



This pack includes a variety of both digital and non-digital activities. You will need help from a parent/carer and the resource pack from your teacher.

	Day 1	Day 2	Day 3	Day 4	Day 5
9:30am	No zoom today. Please check in on seesaw for today's lessons and activities. Watch Education Live at 10am	Morning Circle Link posted to SeeSaw	Morning Circle Link posted to SeeSaw	Morning Circle Link posted to SeeSaw	No zoom today. Please check in on seesaw for today's lessons and activities. Watch Education Live at 10am
Morning	English Watch a reading of 'Alexander's Outing' by Pamela Allen Independent Writing - Logon to seesaw and find the Guided Writing - Planning Week 7 lesson. We are learning how to plan a story retell.	English Complete spelling activity on seesaw. Writing - zoom lesson We are learning to write the beginning of a story retell. Look at the first picture on your plan.	English Complete Daily 5 activities on seesaw Writing - zoom lesson We are learning to write the middle of a story retell. Look at the second picture on your plan.	English Complete Daily 5 activities on seesaw Writing - zoom lesson We are learning to write the ending of a story retell. Look at the last picture on your plan.	English Complete Daily 5 activities on seesaw Independent Writing - Watch lesson on SeeSaw We are learning to edit our writing. Check that you have correct spelling, capital letters and full stops.

Break	Break Enjoy a break and have some lunch!	Break Enjoy a break and have some lunch!	Break Enjoy a break and have some lunch!	Break Enjoy a break and have some lunch!	Break Enjoy a break and have some lunch!
Middle	Mathematics Number Talk  We are learning to use a range of strategies for multiplication and division. Watch Array Multiplication video Complete array activity on seesaw. 	Mathematics 12:30pm zoom lesson  We are learning to use a range of strategies for multiplication and division. Complete array activity on seesaw. 	Library - 12:30pm zoom lesson with Mrs Mitchell Check SeeSaw for the zoom link   Mathematics 1:30pm zoom lesson  We are learning to sort and describe 3D objects. Number Talk 	Mathematics 12:30pm zoom lesson  We are learning to sort and describe 3D objects. Complete 3D objects activity on seesaw. 	Mathematics We are learning to describe 3D objects. Complete 3D object wanted poster on seesaw.  Number Talk 
Break	Break	Break	Break	Break	Break
Afternoon	Geography Login to Seesaw and complete geography lesson 5 week 7. 	PDH Login to seesaw and complete the water safety activity. 	Science Login to seesaw and complete the weather collectors activity. 	Creative Arts Login to SeeSaw and complete the Responding to Music activity and the Design a Musical Instrument activity. 	PE Login to SeeSaw and complete the Animal Walks activity. Follow the instructions. 

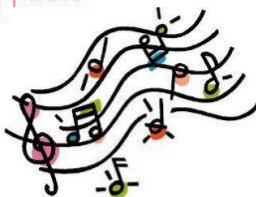
Wellbeing - choose one activity from the grid to complete each day

Create your own mindfulness colouring and then enjoy colouring it in.



Listen to some relaxing music.

Try a Disney piano playlist [here](#).



Play some board games with your family. It is important to spend time and have fun with the people you love.



Ask an adult if you can go for a walk together. Fresh air and exercise really help to improve your mood!



Speak to an adult about things that may be worrying you. This could be someone at home or your teacher on Google Classroom.

“A **PROBLEM** SHARED IS A **PROBLEM** HALVED.”

Mental Wellbeing Activity Grid

Spend some time reading a book for your own enjoyment.



Curl up, get cosy and see where the story takes you!



Try some meditation with the help of these [Go Noodle Videos](#).

MINDFULNESS 5-4-3-2-1!

THINK ABOUT:



- 5 THINGS YOU CAN SEE
- 4 THINGS YOU CAN TOUCH
- 3 THINGS YOU CAN HEAR
- 2 THINGS YOU CAN SMELL
- 1 THING YOU CAN TASTE

Create your own glitter jar

1. Find a jar or plastic bottle. Decorate it if you like.
 2. Fill up $\frac{3}{4}$ of the jar/bottle with water. Next add clear glue, food colouring and glitter.
 3. Seal the lid tightly and enjoy watching the glitter glide around.
- Always ask an adult before trying this activity.



Build-a-Skill

This may be something that you have already tried, or it could be something completely new.

This could be the start of an exciting journey! One day you could be a world-famous baker, artist, or computer coder!

