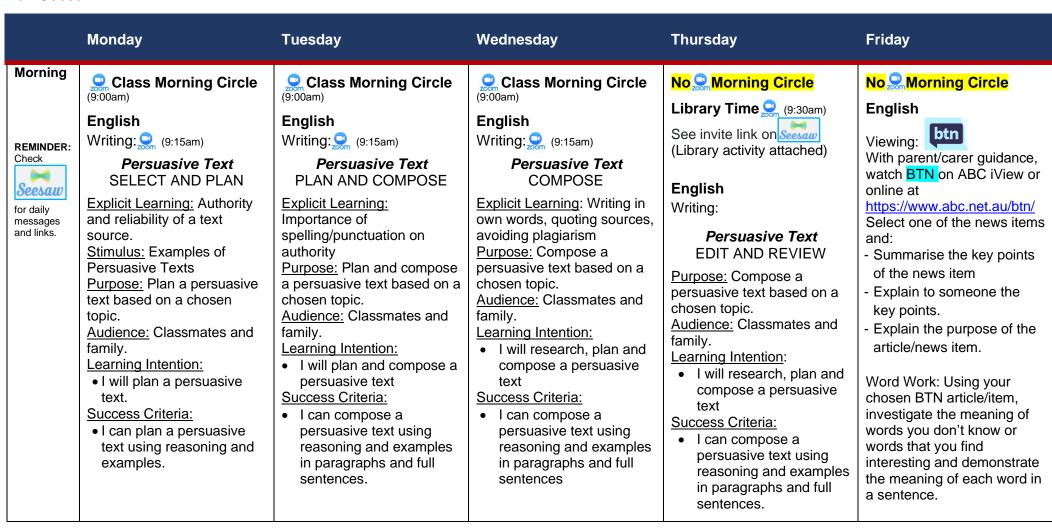
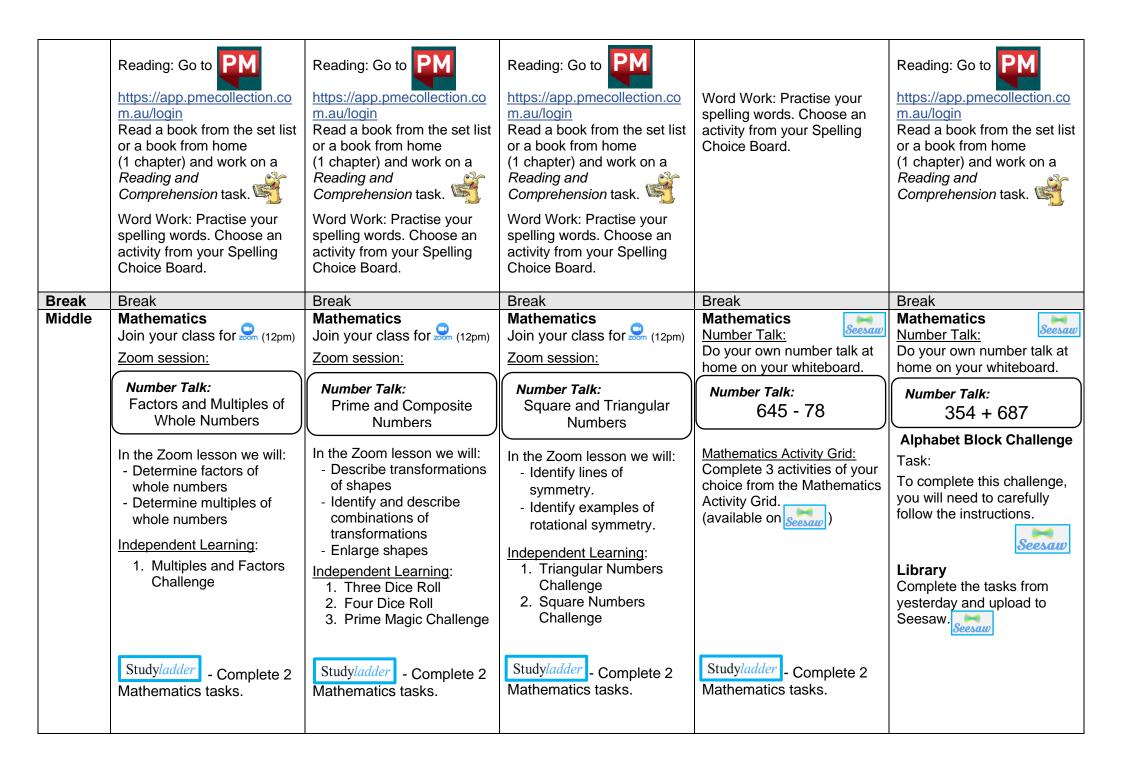
## Year 5 and 6

## 18/10/21 - 22/10/21

This Learning at Home grid includes a variety of both digital and non-digital activities. You will need help from a parent/carer and the resources on Seesaw.





Break	Break	Break	Break	Break	Break
Afternoon	Geography	PDH	Science	Creative Arts	PE
	How are Indigenous people and other groups supported and protected? Complete the Seesaw activities or Home Learning Pack to explore: - What do you know about the United Nations? - What are some UN declarations? - What are some UN special days? - What is the UN Declaration of the rights of indigenous peoples?	Basic First Aid and Resuscitation-DRS ABCD Watch this video to learn about the DRS ABCD first aid action plan. https://youtu.be/yBDk_dlzvaQ Watch the rip safety video using the link below: https://www.youtube.com/watch?v=BPj48fwcXms Answer all the questions in 'Add Response'.	Why do plants live or die?  In this lesson you will be exploring the conditions needed for plants to thrive and developing your understanding of the importance of soil quality in providing food and water to plants. You will also be examining how the Aboriginal and Torres Strait Islander peoples used their knowledge and understanding of the physical conditions around them to care for country.  Complete the tasks and upload to Seesaw.	Music:  World Music- Listening and Composing  Listen to examples of the following musical instruments from around the world: - Djembe - Sitar - Didgeridoo - Ukulele  Write a short fact sheet for each instrument: Where is it from? How does it sound? What instrument family does it belong to? Famous songs or players that use it.  Watch a tutorial on Google Music Lab https://youtu.be/7iB8ruERCc  Compose your own song using a pentatonic scale. https://bit.ly/3DFHynp	Do a session of Yoga: https://youtu.be/vMMRb1 OLtGM  Non-Digital: Follow the Yoga cards provided in the pack.
Wellbeing	Write down 3 things you are looking forward to this week  Unplug – Dedicate one hour every day this week to an activity that does not involve a screen.	Reach out to a family member or friend and tell them why you are grateful to have them in your life.  Complete the following full body workout: <a href="https://www.youtube.com/watch?v=6OTUrjltnf0">https://www.youtube.com/watch?v=6OTUrjltnf0</a>	Ask the people in your house what their favourite music is and make a household playlist.  'Be the Pond' in this mindfulness meditation session: https://www.youtube.com/watch?v=wf5K3pP2IUQ	Reach out to a family member or friend and talk about a positive memory you both share.  Try to keep up with this cardio dance routine:  https://www.youtube.com/watch?v=ub-luktrn6s	Write down your favourite moment from each day this week. Do you have a favourite moment overall? Complete some DIY science experiments from the following list this weekend: <a href="https://www.sciencefun.org/kidszone/experiments">https://www.sciencefun.org/kidszone/experiments</a>