

Thursday 6<sup>th</sup> August 2015



UPCOMING DATES

TERM 3

WEEK 5

Mon 10 Aug Stage 3 Public Speaking

Tue 11 Aug ICAS Maths  
Stage 1 Public Speaking

Thu 13 Aug Cluster Choir Rehearsal  
9.30am – 1pm

Fri 14 Aug Red Canteen Day

WEEK 6

Thu 20 Aug Year 6 Trash & Treasure

WEEK 7

Mon 24 Aug CARES Excursion - Years 4, 5 & 6

Wed 26 Aug Newcastle Permanent Maths  
Competition – Stage 3

WEEK 8

Thu 3 Sep Cluster Choir Rehearsal  
9.30am – 1pm  
Cluster Choir Performance  
6 – 7.30pm

TERM 4

WEEK 1

Thu 8 Oct School Concert  
Matinee Performance – 11am  
Evening Performance – 6.30pm

Callaghan College Education Pathways Education Week Assembly

On Wednesday Mr Bannister and five students attended the Callaghan College Senior Campus at Jesmond for the Education Week Awards. They were joined by parents and friends of the respective student’s families. The theme for this year’s awards was *Local Heroes*. The five students selected by our school staff were Chloe, Dion, Keerthika, Toryalai from 4/5B and Abigia from 5/6C. They were selected as students who consistently strive for excellence in their learning environment.

It was wonderful to see the pride these fine young ambassadors showed in the Jesmond uniform as well as the beaming smiles on their faces as they were presented with their awards.

I would also like to recognise the achievements of former JPS students Amy, Jacob and Winsen (Yr 7) and Baraka (Yr 9) on receiving awards in their respective years.

All these award winners are certainly Local Heroes in my eyes. Well done!

Jerry the Jesmond Uniform Bear



We are encouraging our students to be Sun Safe when playing or learning outside. Students are required to wear a hat when playing outside at school. To try and encourage this further in our school, we will be introducing Jerry the Jesmond Uniform Bear to our classes.

Each day representatives from our senior classes will collect data from each class regarding students wearing hats. The class with the highest percentage each week will be presented with Jerry at each Friday’s assembly to be in their classroom for the week.

Public Speaking

Good luck to our 6 public speaking representatives who have begun to compete in the Hunter Inter-Schools Public Speaking Competition.

The Stage 2 event is taking place today, with Ariana and Declan HP delivering their speech at Heaton Public School.

Stage 3 students, Sophie and Ashleigh, will deliver their speeches on Monday at Shortland while Stage 1 students, Finn and Jorja, will compete on Tuesday at Plattsburg Public School.

We are sure they will represent their school with pride!

High School Visit

Students from Year 6 will visit Callaghan College Wallsend on Tuesday and take part in a range of Taster Lessons as part of their transition to high school.

Good luck Year 6.

Trash or Treasure?

Everyone loves a bargain. And everyone loves Year 6’s annual Trash and Treasure fundraiser!

The event is happening again soon, on Thursday 20<sup>th</sup> August (Week 5) from 1.30-2.30pm.

We all have bits and pieces lying around the house going unloved and unused. Now is the time to donate your preloved or new items so that another family can discover their treasure!

FRIDAY ASSEMBLY AWARDS

GOLD AWARDS

Evie Moore, Lachlan Ballard, Ashleigh Cox, Shahira Nadeem, Izaan Mohammed & Rifah Shaera

SUPERSTAR AWARDS

Ashleigh Cox & Shilah Norville

Year 6 is now accepting donations of quality new and used goods that we can recycle and sell to raise money for our gift to the school.

Examples of items you can donate include quality books, DVDs and CDs, toys, board games, jewellery and trinkets, clothes, handbags, arts and crafts sets and sporting equipment. **Please make sure the items you are donating are in good condition and able to be sold.**

Any leftover items are donated to charity in the Newcastle area.

So why not have a clean out and help make our 2015 Trash and Treasure sale our best yet!

Donated items can be handed in to the 5/6C classroom between now and the afternoon of Wednesday 19<sup>th</sup> August. Please ensure items are sent in by the day prior to the sale so we have time to set up our stalls.

Thank you for your support.



### C.A.R.E.S. Bicycle Education

A reminder to all parents and carers of students in years 4, 5 and 6 that the Community and Road Safety Education excursion (C.A.R.E.S.) is scheduled for Monday 24<sup>th</sup> August.

All notes and money need to be returned to school by no later than Monday 17<sup>th</sup> August in order to secure your child's place on this valuable excursion.

Students will have the opportunity to learn about valuable road and bike safety skills direct from the NSW Police, who run the program. All students, regardless of their ability to ride a bicycle, are encouraged to attend.

### Book Club

Book Club will close this Friday 7<sup>th</sup> August. Orders need to be handed to the office on or before this date. Thanks for your support.

Mrs Mitchell



### Woolworths Earn & Learn

Woolworths Earn & Learn is back! Until Tuesday 8<sup>th</sup> September, when you shop at Woolworths you can collect Woolworths Earn & Learn Stickers from the checkout operator or through an online order. There'll be one Woolworths Earn & Learn Sticker for every \$10 spent. Simply place the stickers or completed Sticker Sheet in the Collection Box, either in our school office or at Jesmond Woolworths. Earn & Learn Points can be used to purchase a range of wonderful supplies for our school including art and craft products and sporting equipment.

Mrs Lobsey & Mrs Ross



### P&C News

#### Canteen

The canteen is open Wednesday, Thursday and Friday for the remainder of Term 3.

#### Next Meeting

Our next P & C Meeting will be held on the 25<sup>th</sup> August at 6.00pm in the Library. All welcome to attend.

Chris Hawkins  
P&C Secretary



School and Community News



**DR JOAN BRIEN** B.Sc., Dip.Ed., Ph.D.  
REGIONAL DIRECTOR

**JULIE MATTHEWS** B.A., P.G. Cert. Ed.  
CERTIFIED IREN DIAGNOSTICIAN

**A Piece of the Puzzle**  
Dyslexia, Reading Problems,  
Poor Concentration, Migraines

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Phone: (02) 4955 6904 Fax: (02) 4965 6894  
Email: joan@irlen.com.au Website: www.irlendyslexia.com

*The Callaghan Cluster Choir proudly presents...*



# Milestones and Memories!

You are invited to join us for our Cluster Choir performance of the songs that celebrate the events that made us who we are today.

**Thursday 3rd September 6pm**

Callaghan College  
Warajah Technology Campus hall

**LIVE AID** gold coin donation




*The Sven and Olaf Show:*



**A Fairytale Intervention**



**Jesmond Public School's 2015 Musical**

**New Dates**

**Term 4—Week 1**  
**Thursday 8<sup>th</sup> October**  
**Matinee Performance 11.00am**  
**Evening Performance 6.30pm**

**Venue—Jesmond P/S Hall**

### MAINTAINING YOUR SMOKE ALARM

1. Test your smoke alarm batteries every month by pressing and holding the test button for five seconds. Replace batteries every 12 months.
2. Vacuum dust off alarms every six months.
3. Replace smoke alarms with a new photoelectric alarm every ten years or earlier, if specified by the manufacturer.

For more information on smoke alarms, visit: [fire.nsw.gov.au](http://fire.nsw.gov.au) and [planning.nsw.gov.au](http://planning.nsw.gov.au)



### BE PREPARED BY MAKING A PLAN OF ESCAPE

Draw a floor plan of your home, including two ways of escape from each room. Plan an escape route and ensure everyone knows how to get out.

Blocked exits are a hazard. Keep exits clear.

Keep door and window keys in or next to locks so they can be opened easily.

Decide on a meeting place outside e.g. the letterbox. Provide alternatives and someone to assist for anyone with a disability.



Plan two ways out of a room:  
→ Primary  
→ Secondary

Decide on a meeting place outside of a fire zone.

**MEETING PLACE**

Ways of a fire: get out, stay out and call triple zero.



Help us, help you be home fire safe


### Good for Kids good for life

#### 5 TIPS FOR SCREEN TIME AT HOME

Are you having trouble getting your child off technology or watching television?

Try some of these ideas to reduce the amount of screen time your child has each day:

- Go screen free for weekdays
- Try technology free Tuesdays
- Try Imagination Wednesdays
- Restrict times when your child has access such as "no screen time before dinner"
- Provide seven ½ hour vouchers on a Friday afternoon to last for the week. When your child watches the television or has other screen time e.g. computer, video games etc. they hand a voucher back. This limits the child to 3.5 hours of screen time during the week.



Source: Murrumbidgee Local Health District  
NSW Health Hunter New England Local Health District  
PHONE 4924 6499

### Good for Kids good for life

#### LOOKING FOR SOME NUTRIENT PACKED LUNCHBOX SNACKS FOR YOUR ACTIVE CHILD?

Try these seven sensational nutrient packed snacks!

1. Nut free trail mix (pumpkin seeds, sunflower seeds, sultanas, dried cranberries, popcorn)
2. Sultana, cheese & rice crackers
3. Hardboiled egg & cherry tomatoes
4. Fruit salad & yoghurt or custard
5. Rice cakes with avocado and cheese
6. Pre-cooked corn cob
7. Hummus & crackers & capsicum slices



Source: Murrumbidgee Local Health District  
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